



The Surgical Institute
at True North

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Angiogram/Venogram Post-Operative Instructions

What should I expect after surgery?

Recovery:

After the procedure, you may be asked to lie flat on your back for an extended period of time to ensure proper coagulation of the access site. This could be necessary up to several hours, but more instruction will be given upon arrival to the hospital.

After leaving the hospital, you will be able to eat. You may lift, exercise, work, swim, or ride in a car. You will be able to return to your normal activities whenever your body is ready. You have no specific restrictions. You must be aware that you may not drive a car the rest of the day following the surgery due to the sedation. Walking, showering with warm water and soap, and good oral hygiene will all aid in your recovery.

Follow-up:

You will return to the office in 7 days for a repeat ultrasound and follow-up the same day. Please contact our office with any questions or concerns prior to your scheduled follow-up appointment. We also recommend you be seen by your primary care provider at 2-4 weeks post-operatively.

Post-op Medication:

You may be prescribed a blood thinner named plavix (rivaroxaban) 75mg 1 tablet per day for 30 days if certain interventions occur during the procedure. This will not be a long term prescription, it is only proven to be beneficial for the first few weeks following a procedure. Adverse effects of this medication may include easy bruising and bleeding

Who do I call with concerns?

Contact our office if you experience excessive bleeding from the access site, fever greater than 101°F, continuous vomiting, shortness of breath or chest pain. If after hours, we recommend you be seen in the emergency department.