



The Surgical Institute
at True North

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What is a Laparoscopy

How will the day go for me?

Date of procedure: _____

Arrival Time: The hospital staff will contact you the day before your procedure and give you an exact time of arrival. If you have not been contacted by 4:00 PM please call the hospital at (580) 251-8449 or our office at (580) 255-9797.

Expected length of procedure: There will be 30 minutes of prep time. The surgery will take approximately 40 minutes and you will be in recovery for 30 additional minutes.

What happens after I arrive?

- You will check in at Admissions and Outpatient Services (see map included in packet).
- Pre-op laboratories/imaging will be completed if not previously performed.
- A nurse will confirm your history, start your IV and fluids will be given.
- The surgeon will visit with you prior to your procedure and answer any questions you might have.
- Anesthesia will arrive to review your history and take you to the operating room.
- Anesthesia will be administered and the surgery will begin.

Laparoscopy

Laparoscopic surgery

• The surgeon will make several small incisions in the abdomen. Ports (hollow tubes) are inserted into the openings. Surgical tools and a lighted camera are placed into the ports. The abdomen is then inflated with carbon dioxide, which allows the surgeon to see the intestines and organs clearly.

• From here, the internal organs are inspected for signs of disease, adhesions, infection or inflammation. Biopsies may be taken of different tissues as needed. In some cases, the abdomen may be “washed,” where sterile fluid is placed in the abdomen, then collected for further study. If the surgeon identifies a problem that can be repaired or removed safely, it may be performed at that time. Occasionally the surgeon may need to open the abdomen. This will require admission to the hospital and a longer recovery.

• The surgical tools are removed from the abdomen and the abdomen is deflated. The incisions are closed with sutures and glue. Dressings are applied.

