



The Surgical Institute
at True North

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What is an Open Inguinal Hernia Repair?

How will the day go for me?

Date of procedure: _____

Arrival Time: The hospital staff will contact you the day before your procedure and give you an exact time of arrival. If you have not been contacted by 4:00 PM please call the hospital at (580) 251-8449 or our office at (580) 255-9797.

Expected length of procedure: There will be 30 minutes of prep time. The surgery will take approximately 45 minutes and you will be in recovery for 30 additional minutes.

What happens after I arrive?

- You will check in at Admissions and Outpatient Services (see map included in packet).
- Pre-op laboratories/imaging will be completed if not previously performed.
- A nurse will confirm your history, start your IV and fluids will be given.
- The surgeon will visit with you prior to your procedure and answer any questions you might have.
- Anesthesia will arrive to review your history and take you to the operating room.
- Anesthesia will be administered and the surgery will begin.

Open Inguinal Hernia Repair

How will my hernia be repaired?

Open surgery

- This surgeon makes an incision near the groin hernia and identifies the abdominal contents that protrude through the weak area of the abdomen. These contents are contained in a structure called the hernia sac. The hernia sac is separated from important structures such as the spermatic cord and then returned back into the abdomen through the groin hernia.
- The defect is repaired by bringing the tissues back together. In most circumstances, mesh is placed over the hernia defect to decrease the chance that the hernia recurs. The incision is closed with sutures and surgical glue.

