



The Surgical Institute
at True North

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BRETT LOCKE APRN

What is a Debridement

How will the day go for me?

Date of procedure: _____

Arrival Time: The hospital staff will contact you the day before your procedure and give you an exact time of arrival. If you have not been contacted by 3:00 PM please call the hospital at (580) 251-8449 or our office at (580) 255-9797.

Expected length of procedure: There will be 30 minutes of prep time. The surgery will take approximately 20 minutes and you will be in recovery for 30 additional minutes.

What happens after I arrive?

- You will check in at Admissions and Outpatient Services (see map included in packet).
- Pre-op laboratories/imaging will be completed if not previously performed.
- A nurse will confirm your history, start your IV and fluids will be given.
- Dr. Miller will visit with you prior to your procedure and answer any questions you might have.
- Anesthesia will arrive to review your history and take you to the operating room.
- Anesthesia will be administered and the surgery will begin.

Debridement

How will my debridement be performed?

- Debridement is the surgical removal of necrotic, damaged or infected tissue to improve the healing potential of the remaining healthy tissue.
- During the procedure, the affected area is cleansed with surgical soap. The surgeon will then use a scalpel, curette or scissors to remove any thickened skin, callus, infected or necrotic tissue, depending on the stage and severity of the ulcer.
- Dressings are then applied and you will be transferred to the recovery room.

