



The Surgical Institute  
at True North

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# What is an Exam Under Anesthesia

## How will the day go for me?

**Date of procedure:** \_\_\_\_\_

**Arrival Time:** The hospital staff will contact you the day before your procedure and give you an exact time of arrival. If you have not been contacted by 4:00 PM please call the hospital at (580) 251-8449 or our office at (580) 255-9797.

**Expected length of procedure:** There will be 30 minutes of prep time. The surgery will take approximately 30 minutes and you will be in recovery for 30 additional minutes.

### What happens after I arrive?

- You will check in at Admissions and Outpatient Services (see map included in packet).
- Pre-op laboratories/imaging will be completed if not previously performed.
- A nurse will confirm your history, start your IV and fluids will be given.
- Your surgeon will visit with you prior to your procedure and answer any questions you have.
- Anesthesia will arrive to review your history and take you to the operating room.
- Anesthesia will be administered and the surgery will begin.

### Exam Under Anesthesia

- An exam under anesthesia may be performed to examine the rectum and anus more thoroughly. The surgeon will examine the area to try and identify a cause for your symptoms.
- Upon examination, the surgeon may place a scope inside of the rectum. If there are any areas of the bowel or surrounding tissues that are of concern, a sample biopsy may be taken.
- If an anal fissure is found, the surgeon may inject Botox (botulinum toxin) into the sphincter muscles. This will relax the muscles to help reduce the pain and allow the fissure to heal.

