



The Surgical Institute
at True North

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What is a Laparoscopic Nissen Fundoplication

How will the day go for me?

Date of procedure: _____

Arrival Time: The hospital staff will contact you the day before your procedure and give you an exact time of arrival. If you have not been contacted by 4:00 PM please call the hospital at (580) 251-8449 or our office at (580) 255-9797.

Expected length of procedure: There will be 30 minutes of prep time. The surgery will take approximately one to three hours. You will go to recovery following the surgery and will then be transferred to the medical/surgical floor for observation. Most patients will stay one night.

What happens after I arrive?

- You will check in at Admissions and Outpatient Services (see map included in packet).
- Pre-op laboratories/imaging will be completed if not previously performed.
- A nurse will confirm your history, start your IV and fluids will be given.
- The surgeon will visit with you prior to your procedure and answer any questions you might have.
- Anesthesia will arrive to review your history and take you to the operating room.
- Anesthesia will be administered and the surgery will begin.

Laparoscopic Nissen Fundoplication

Laparoscopic surgery

- Several small incisions are made in the abdomen. Ports or hollow tubes are inserted into the openings. Surgical tools and a lighted scope are placed through the ports. The abdomen is then inflated with carbon dioxide, which allows the surgeon to see the intestines and organs clearly.
- During the procedure, if a hiatal hernia is present, it is reduced back into the abdomen into its proper location. The upper curve of the stomach (the fundus) is then wrapped around the lower portion of the esophagus and sewn into place. This helps to reinforce the sphincter and prevent acid from coming back up into the esophagus.
- The small incisions are closed using sutures and surgical glue. The patient will be admitted to the hospital for observation following the procedure.

